

# TISHAS LUNCH



## APPETIZERS

### SPICY SHRIMP TOSTADOS

White corn and tomato relish set on tostado rounds finished with blackened shrimp and goat cheese 15

### BUFFALO CHICKEN TENDERS

Blue cheese and celery 10

### CAJUN FRIED OYSTERS

Pepper cream sauce 14

### FRIED GALAMARI

Tossed with roasted peppers, cherry peppers capers and a mustard honey drizzle 13

### MUSHROOM RISOTTO

Assorted mushrooms and shaved Asiago cheese 12

### SCALLOPS RISOTTO

Pan seared local scallops, shiitake mushroom and spinach 16

### LITTLE NECK CLAMS

Tomato, basil and garlic or  
White wine and garlic or  
Red thai curry 13

### TISHAS LOADED FRENCH FRIES

Saute jalapeno peppers and onions topped with crispy bacon and cheddar cheese sauce finished with a drizzle of pepper mayo 10

### HOUSE BREADED ONION RINGS

Pepper cream and habenero cream 8

### FRENCH FRIES 5

## SOUP AND SALADS

Served with fresh bread

Add grilled or blackened atlantic salmon or gulf shrimp \$8

Grilled or blackened all natural chicken breast

Or crispy batter dipped chicken tenders \$6

### NEW ENGLAND CLAM CHOWDER 9

### HOUSE SPECIALTY SALAD

Spring mix, candied pecans, dried cranberries  
Goat cheese and balsamic vinaigrette 14

### ULTIMATE WEDGE SALAD

A crisp iceberg wedge, crispy bacon, tomato relish, Blue cheese dressing and crumbled blue cheese 14

### COBB SALAD

Spring mix, grilled or blackened all natural chicken breast, bacon, avocado, hard boiled eggs, tomato relish and crumbled gorgonzola tossed in a raspberry vinaigrette 14

### CAESAR SALAD

Crisp Romaine, grated Pecorino Romano and garlic croutons 12

### BUFFALO CHICKEN SALAD

Grilled or blackened all natural chicken breast  
Or crispy chicken tenders, crisp romaine, tomato relish, cucumbers, hard boiled eggs and buffalo blue cheese dressing 16

## HOUSE SPECIALTIES

Served with spring mix salad or french fries

### SOUTHWEST CHICKEN B.L.T.

Grilled or blackened all natural chicken breast or crispy batter dipped chicken tenders  
bacon, cheddar cheese sauce, chipotle mayo, baby greens and tomato relish 15

### CHEFS CRISPY CHICKEN

Caramelized onions and jalapeños, crispy bacon and cheddar cheese sauce 14

### ITALIAN CHICKEN CUTLET

Grilled or blackened all natural chicken breast or crispy batter dipped chicken tenders  
saute spinach, long hots, roasted peppers and shaved Asiago cheese 15

### GRILLED CHICKEN CAESAR SALAD WRAP

Grilled or blackened all natural chicken breast or crispy batter dipped chicken tenders  
romaine or kail, caesar dressing, grated cheese and croutons served in a honey wheat wrap 14

### BUFFALO CHICKEN WRAP

Grilled or blackened all natural chicken breast  
Or crispy batter dipped chicken tenders  
tomato relish, hard boiled egg, cucumbers, and blue cheese dressing 14

### CAJUN FRIED OYSTER PO'BOY

Spicy hand breaded oyster served with baby greens,  
Tomato relish, pickles and pepper mayo 16

### CRAB CAKE TAGOS

Jumbo lump crab cake, avocado, tomato relish,  
House slaw, baby spinach and pepper mayo 16

### SALMON PO'BOY

Fresh atlantic salmon grilled or blackened served on a brioche roll  
Baby greens, tomato relish, pickles and herbed mayo 16

## GOURMET BURGERS

10 oz. fresh ground chuck or housemade veggie

With choice of french fries or spring mix salad

### THE CHEFS

Caramelized onions and jalapeños, crispy bacon and cheddar cheese sauce 15

### THE ITALIAN

Roasted peppers, baby spinach,  
Fontina cheese and balsamic drizzle 15

### THE BACON, EGG AND CHEESE

Crispy bacon, american cheese and a soft fried egg 15

### THE HOUSE

Gorgonzola cheese, crisp bacon and red onion 15

### THE B.B.Q

House onion rings, B.B.Q sauce and pickles 14

### THE CLASSIC

American cheese, lettuce, tomato relish and red onion 13