

TISHA'S LUNCH

fine food since 1988



STARTERS & SMALL PLATES

SCALLOPS RISOTTO

Pan seared sea scallops, shiitake and spinach \$18

MUSHROOM RISOTTO

Assorted mushrooms and shaved asiago cheese \$14

ARANCINI RICE BALLS

Risotto rice balls stuffed with mozzarella cheese and baby peas breaded and fried served with marinara sauce \$14

FRIED CALAMARI

Fried calamari tossed with roasted peppers, hot cherry peppers and capers drizzled with honey mustard \$15

CAJUN FRIED OYSTERS

hand breaded fresh oysters drizzled with our spicy pepper cream sauce \$15

SOUPS & SALADS

LOBSTER BISQUE

chunks of lobster hints of cognac \$16

NEW ENGLAND CLAM CHOWDER

award winning \$10

CAESAR SALAD

House made Caesar dressing, grated Pecorino \$12 add grilled chicken or salmon +\$8

COBB SALAD

Spring mix grilled all natural chicken breast, bacon bits, avocado, hard boiled eggs, tomato relish, blue cheese crumbles and red onion raspberry vinaigrette \$17

BUFFALO CHICKEN SALAD

Grilled or crispy chicken romaine, tomato relish, red onion, cucumbers and hard boiled egg housemade buffalo blue cheese dressing \$17

HOUSE SPECIALITY

baby greens candied pecans dried cranberries and goat cheese balsamic vinaigrette \$14 add grilled chicken or salmon + \$8

HOUSE SPECIALTIES

choice of french fries or side salad

VEAL MILANESE SANDWICH

Breaded veal cutlet arugula and shaved parmigiana finished with a drizzle of balsamic glaze \$18

CRAB CAKE TACOS

Avocado, house slaw, baby greens, tomato relish, cilantro and pepper mayo \$17

SALMON PO`BOY

Fresh atlantic salmon grilled or blackened, baby greens, tomato relish, pickles and herbed mayo \$16

FRIED OYSTER PO BOY

fresh hand breaded fried oysters ,tomato relish, baby greens and pickles finished with pepper mayo \$16

BLACKENED CHICKEN SANDWICH

Boneless chicken breast blackened topped with baby spinach roasted peppers and gorgonzola cheese served on a brioche bun \$15

CHICKEN B.L.T.

Grilled boneless chicken breast with bacon, lettuce, tomato and mayonnaise \$15

GOURMET STEAK BURGERS

10 oz fresh ground chuck and steak burger
choice of french fries or a spring mix salad

CLASSIC CHEESEBURGER

American cheese, lettuce, tomato, onion and pickles
\$13 add bacon for \$3.00

CHEFS BURGER

Caramelized onions and jalapenos, crispy bacon and pepper jack cheese \$15

2020 BURGER

Bacon, grilled bell peppers, caramelized onions and jack cheese on brioche bun and crispy lettuce \$15

KIDS MENU

\$9

CHICKEN TENDERS AND FRENCH FRIES

PASTA MARINARA

GRILLED CHICKEN AND BASMATI RICE