

TISHA'S LUNCH

fine food since 1988



STARTERS & SMALL PLATES

SCALLOPS RISOTTO

Pan seared sea scallops, shiitake and spinach \$20

CAJUN FRIED OYSTERS

Hand breaded fresh oysters
drizzled with our spicy pepper cream sauce \$15

MUSHROOM RISOTTO

Assorted mushrooms and shaved asiago cheese \$14

ARANCINI RICE BALLS

Risotto rice balls stuffed with mozzarella cheese and baby peas
breaded and fried served with marinara sauce \$14

TRUFFLE FRIES

Crispy french fries tossed with black truffle oil, grated pecorino
cheese and fresh parsley \$11

SOUPS & SALADS

NEW ENGLAND CLAM CHOWDER

Award winning \$10

LOBSTER BISQUE

\$17

HOUSE SPECIALTY SALAD

Baby greens, candied pecans, dried cranberries, tomato and
goat cheese in a raspberry vinaigrette \$14 add grilled chicken or
salmon + \$8

CAESAR SALAD

House made Caesar dressing,
grated Pecorino \$12 add grilled chicken or salmon +\$8

COBB SALAD

Spring mix grilled all natural chicken breast, bacon bits,
avocado, hard boiled eggs, tomato relish, blue cheese crumbles
and red onion raspberry vinaigrette \$17

BUFFALO CHICKEN SALAD

Grilled or crispy chicken romaine, tomato relish, red onion,
cucumbers and hard boiled egg housemade buffalo blue cheese
dressing \$17

KIDS MENU \$9

CHICKEN TENDERS AND FRENCH FRIES

PASTA MARINARA

GRILLED CHEESE

Grilled cheese on ciabatta roll

HOUSE SPECIALTIES

choice of french fries or side salad

STRIP STEAK SANDWICH

10oz strip steak on a grilled ciabatta roll with arugula, caramelized
onions and horseradish cream sauce \$22

LAMB AND FRITES

Pan seared New Zealand lamb chops finished with a balsamic
reduction and served with truffle fries \$26

PORK MILANESE SANDWICH

Breaded pork cutlet, arugula and shaved parmigiana
finished with a drizzle of lemon aioli \$19

CRAB CAKE TACOS

Avocado, house slaw, baby greens, tomato relish, cilantro and
pepper mayo \$18

SALMON PO`BOY

Fresh atlantic salmon grilled or blackened, baby greens, tomato
relish, pickles and herbed mayo \$16

FRIED OYSTER PO BOY

Fresh hand breaded fried oysters ,tomato relish, baby greens and
pickles finished with pepper mayo \$18

BLACKENED CHICKEN SANDWICH

Boneless chicken breast blackened topped with baby spinach
roasted peppers and gorgonzola cheese \$16

CHICKEN B.L.T.

Grilled boneless chicken breast with bacon, lettuce, tomato and
mayonnaise \$16

GOURMET STEAK BURGERS

10 oz fresh ground chuck and steak burger
choice of french fries or a spring mix salad

CHEFS BURGER

Caramelized onions and jalapenos, crispy bacon and cheddar
cheese \$17

CLASSIC CHEESEBURGER

American cheese, lettuce, tomato, onion and pickles \$15 add
bacon for \$4.00

BACON, EGG AND CHEESE BURGER

Our 10oz steak burger topped with bacon, american cheese and
an egg over easy \$14