

# TISHA'S LUNCH

*fine food since 1988*



## STARTERS & SMALL PLATES

### SCALLOPS RISOTTO

Pan seared sea scallops, shiitake and spinach \$20

### CAJUN FRIED OYSTERS

Hand breaded fresh oysters  
drizzled with our spicy pepper cream sauce \$15

### MUSHROOM RISOTTO

Assorted mushrooms and shaved asiago cheese \$14

### ARANCINI RICE BALLS

Risotto rice balls stuffed with mozzarella cheese and baby peas  
breaded and fried served with marinara sauce \$14

### TRUFFLE FRIES

Crispy french fries tossed with black truffle oil, grated pecorino  
cheese and fresh parsley \$11

## SOUPS & SALADS

### NEW ENGLAND CLAM CHOWDER

Award winning \$10

### LOBSTER BISQUE

\$17

### HOUSE SPECIALTY SALAD

Baby greens, candied pecans, dried cranberries, tomato and  
goat cheese in a raspberry vinaigrette \$14 add grilled chicken or  
salmon + \$8

### CAESAR SALAD

House made Caesar dressing,  
grated Pecorino \$12 add grilled chicken or salmon +\$8

### COBB SALAD

Spring mix grilled all natural chicken breast, bacon bits,  
avocado, hard boiled eggs, tomato relish, blue cheese crumbles  
and red onion raspberry vinaigrette \$17

### BUFFALO CHICKEN SALAD

Grilled or crispy chicken romaine, tomato relish, red onion,  
cucumbers and hard boiled egg housemade buffalo blue cheese  
dressing \$17

## KIDS MENU \$9

### CHICKEN TENDERS AND FRENCH FRIES

### PASTA MARINARA

### GRILLED CHEESE

Grilled cheese on ciabatta roll

## HOUSE SPECIALTIES

choice of french fries or side salad

### STRIP STEAK SANDWICH

10oz strip steak on a grilled ciabatta roll with arugula, caramelized  
onions and horseradish cream sauce \$22

### PORK MILANESE SANDWICH

Breaded pork cutlet, arugula and shaved parmigiana  
finished with a drizzle of lemon aioli \$19

### CRAB CAKE TACOS

Avocado, house slaw, baby greens, tomato relish, cilantro and  
pepper mayo \$18

### SALMON PO`BOY

Fresh atlantic salmon grilled or blackened, baby greens, tomato  
relish, pickles and herbed mayo \$16

### FRIED OYSTER PO BOY

Fresh hand breaded fried oysters ,tomato relish, baby greens and  
pickles finished with pepper mayo \$18

### BLACKENED CHICKEN SANDWICH

Boneless chicken breast blackened topped with baby spinach  
roasted peppers and gorgonzola cheese \$16

### CHICKEN B.L.T.

Grilled boneless chicken breast with bacon, lettuce, tomato and  
mayonnaise \$16

## GOURMET STEAK BURGERS

10 oz fresh ground chuck and steak burger  
choice of french fries or a spring mix salad

### CHEFS BURGER

Caramelized onions and jalapenos, crispy bacon and cheddar  
cheese \$17

### CLASSIC CHEESEBURGER

American cheese, lettuce, tomato, onion and pickles \$15 add  
bacon for \$4.00

### BACON, EGG AND CHEESE BURGER

Our 10oz steak burger topped with bacon, american cheese and  
an egg over easy \$14