

TISHAS LUNCH MENU

Family owned and operated since 1988



STARTERS & SMALL PLATES

SCALLOPS RISOTTO

Pan seared sea scallops, shiitake and spinach \$16

MUSHROOM RISOTTO

Assorted mushrooms saute and tossed with risotto \$13

TISHAS LOADED FRIES

Crispy bacon, sauteed onions and jalapeno peppers, cheddar cheese sauce and pepper mayo \$10

ARANCINI RICE BALLS

Risotto rice balls stuffed with mozzarella cheese, breaded and fried served with marinara sauce \$12

SOUPS AND SALADS

Add grilled or blackened salmon or shrimp \$9
grilled or blackened all natural chicken breast
or crispy chicken tenders \$7

HOUSE SPECIALTY SALAD

Spring mix, dried cranberries, grape tomatoes, goat cheese tossed with raspberry balsamic vinaigrette \$14

WEDGE SALAD

A crisp wedge of iceberg lettuce, crispy bacon bits, tomato relish, red onion, blue cheese dressing and blue cheese crumbles \$14

COBB SALAD

Spring mix grilled or blackened all natural chicken breast, bacon bits, avocado, hard boiled eggs, tomato relish, blue cheese crumbles and red onion all tossed with raspberry vinaigrette \$16 sub shrimp or salmon add \$2.00

BUFFALO CHICKEN SALAD

Grilled or blackened all natural chicken breast or crispy chicken tenders tossed in our house made buffalo blue cheese dressing with romaine, blue cheese crumbles, tomato relish, red onion, cucumbers and hard boiled eggs \$16 sub shrimp or salmon add \$2.00

CAESAR SALAD

Romaine, grated pecorino Romano, garlic croutons and house caesar \$12

HOUSE SPECIALTIES

choice of french fries or side salad
(except for short rib mac and cheese)

SHORT RIB MAC AND CHEESE

house made macaroni and cheese topped with braised pork short ribs \$15

SOUTHWEST GRILLED CHICKEN

Grilled all natural chicken chicken breast, bacon, cheddar cheese sauce, chipotle mayo, baby greens and tomato relish \$15

SALMON PO`BOY

Fresh atlantic salmon grilled or blackened, baby greens, tomato relish, pickles and herbed mayo \$16

BUFFALO CHICKEN WRAP

Grilled or blackened all natural chicken breast or crispy chicken tenders tossed in our house made buffalo blue cheese dressing with romaine, tomato relish, red onion, hard boiled eggs and cucumbers \$14

ITALIAN CHICKEN

Grilled or blackened all natural chicken breast or crispy chicken tenders with sauteed spinach, long hots, roasted peppers and shaved asiago cheese \$15

CHICKEN CAESAR WRAP

Grilled or blackened all natural chicken breast or crispy chicken tenders tossed with caesar dressing, romaine and grated pecorino romano cheese \$14

GOURMET BURGERS

10 oz fresh ground chuck
choice of french fries or a spring mix salad

CLASSIC CHEESEBURGER

American cheese, lettuce, tomato, onion and pickles \$14 add bacon for \$3.00

CHEFS BURGER

Caramelized onions and jalapenos, crispy bacon and cheddar cheese sauce \$15

ITALIAN BURGER

Roasted peppers, baby spinach, asiago cheese and a drizzle of balsamic glaze \$15

BACON EGG AND CHEESEBURGER

Crispy bacon, american cheese and a fried egg \$15

HOUSE BURGER

Crispy bacon, red onion and gorgonzola cheese \$15